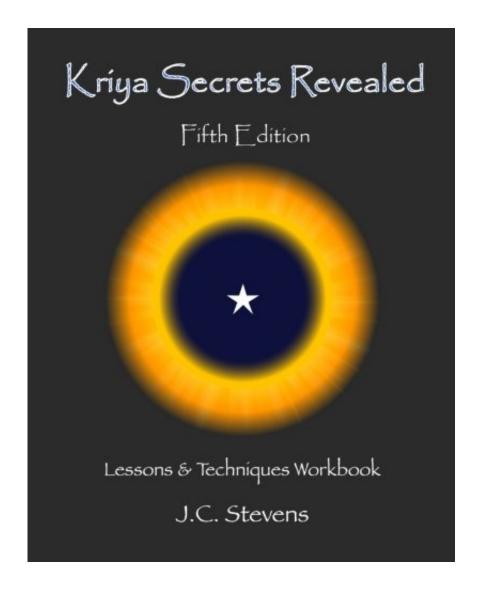


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Awareness that the soul must inhale every breath leads to mind control and liberation.

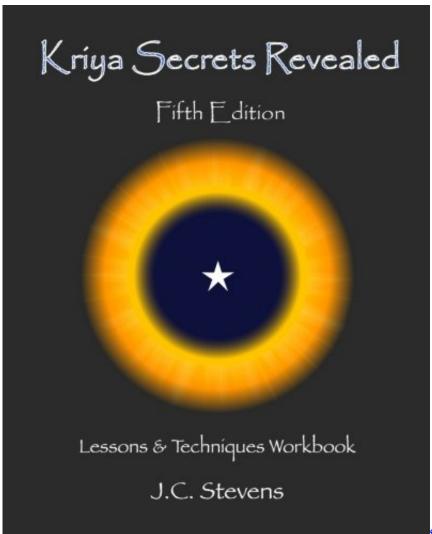
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